



Sydney Uni
SPORT & FITNESS



Sydney Uni Swim School Learn to Swim Program

All program and class content can be found on our website at:

www.susf.com.au/junior-learn-to-swim

Frequently Asked Questions:

How can we book our children into classes?

At Sydney Uni Swim School, if your children cannot swim independently we offer 2 pre-school levels based on age - Starfish (2.5-3.5 yrs) and Seahorse (3.5-4.5yrs). School Age non swimmers should be enrolled directly into Level 1 classes. There is no need for an assessment for these levels. Just complete the APPLICATION FORM, and return it to us indicating which days and time would suit you best, preferably giving us a couple of options so we can help get you as close to the days that suit your families schedule as possible.

If your children or child **can** swim independently, we offer FREE swimming assessments weekdays between 5-6pm and weekends 11-12 noon.

There is no need to make an appointment, please just present to reception who will direct you to pool deck. The assessment takes no longer than 10 minutes, and after that we can make a recommendation as to what level would best suit your child's ability and what classes are available. Our swim school is open 7 days, and you receive a FREE swimming cap when you book!

When your child is booked to swim on the day of your choice, you attend that swimming lesson on the same day and time each week for the duration of the term.



What are the term dates?

Sydney Uni Swim School follows the Public School terms including weekends and pupil free days. Term dates can be found here [TERM DATES](#)

How do we make payments?

Payment is made in advance for the term, most terms are 10 weeks. However, depending on the Public School term dates it maybe that some terms are 9 weeks or 11 weeks.

The cost is \$18.50 per lesson, this paid in advance for a 10 week term would be \$185. If you start after the beginning of the term we do pro rata the rate and you are charged for the lessons you missed.

Payment can be made in person at the time of the booking, over the phone, or by completing the payment section of the [APPLICATION FORM](#). If payments are made by application form phone or by a receipt will be emailed to you.

After I book, I know we will miss a lesson because of a prior engagement; can I have a make-up lesson and how do I organise this?

We offer two complementary makeup lessons per term. These maybe used at your discretion. Makeup lessons can be booked after week 3, and only 7 days in advance but, can be used at any time during the term in which the lesson is missed. Unfortunately, they cannot be carried forward to the following term and once arranged cannot be rescheduled.

Do you offer any discount?

Yes! There is a 5% discount for siblings. Sorry, we don't offer staff or member discounts.

How many children are in each class?

Sydney Uni Swim School prides itself on small class numbers, with a low student to teacher ratio. Each level is different, so please have a look at the program details here: www.susf.com.au/junior-learn-to-swim



How do we find out how our children are progressing?

Grading commences in week 3 and is continuous throughout the term until week 8. Our deck supervisor, in conjunction with your child's teacher, assess every child in our program from Preschool level to Junior Development.

Weeks 7- 8 are final assessment weeks.

In week 8, we ask that you have a chat with our friendly swim school reception staff who will happily let you know if your child has moved up to the next level or if not, what they need to work on.

Certificates of achievement are given to those children who have been promoted to the next level.

How does enrolment for the following term work?

We email everyone an e Newsletter before assessment week with all the details of how to book for the following term. Please note we are not a rolling program, you have the option of opting in and out of our program on a term by term basis. However at this stage, you will need to enrol and pay for your child at the end of each term.

Week 8 Results are available from swim school reception.

Week 8 REBOOKING for the following term.

In this week we only take bookings from our current participants remaining in the same grade and time, no new bookings are taken in this week. Your existing class will be reserved for a week until the following Monday. After that time, they will be released for the next stage of booking.

Week 9 PROMOTED or children changing class times and for siblings of students of currently enrolled students

Week 10 NEW swimmers may enrol in our program.

Unfortunately, our software does not allow us to roll class over from the previous term, therefore, after week 8, enrolments are on a FIRST COME FIRST SERVE basis. You may phone or email.

If emailing, please don't forget to add your child's full name, D.O.B, and their class level and the day and time you prefer.



What other types of classes do you offer?

We offer **private lessons** for children and adults. These are on a request only basis. If you feel your child would benefit from one on one with a teacher we will let you know when we can organise this for you. The cost is \$65 for 30 minutes, \$97.50 for 45 minutes and \$130 for 60 minutes.

Lessons must be booked for a minimum of 5 weeks and paid upfront. Makeup lessons are not available on privates, however if adequate notice is given to the instructor, we will credit for the missed lesson.

We also offer **Special Needs** classes for those children who learn better with that one on one attention from a teacher. These lessons are again, request only and must be supported by a letter from your child's therapist or doctor letting us know what your child's need are. The cost of these classes is the same as a group lesson, however we do ask that you read the terms and conditions relating to these classes, which can be found on the [APPLICATION FORM](#).

We also offer **Holiday Intensive Swimming Programs** during the School holidays.

Children attend for a 30 min lesson for 5 consecutive days. Our same low student:teacher ratio applies in this program. Places are limited and are available for booking from week 8 onwards. Please book early to avoid disappointment.

What is the easiest way to contact the swim school?

You may contact us by phone on 9351 8735/7804 during business hours or by email, swimschool@sport.usyd.edu.au anytime.

Our deck supervisors and swim school reception staff can assist you during weekends



Sydney Uni
SPORT & FITNESS



Sydney Uni Swim School Adult Learn to Swim

All program and class content can be found on our website at:

www.susf.com.au/adult-learn-to-swim

If you're still not sure, have a look at the following frequently asked questions:

I want to learn to swim but I've never had lessons. What do I need to do?

At the Sydney Uni Swim School we offer you the opportunity to come along for a free swimming assessment, or if you know you can't swim at all, you can just email us your [APPLICATION FORM](#). Make sure you indicate which day and time would suit you best, and we will book you into a WATER SAFE class. This will be your class day and time for the term. Remember swimming terms are different to university semesters so check out our [TERM DATES](#) here.

If I can swim a bit, but still not sure what level would be best for me, what should I do?

If you are unsure of your level, we would like you to come along to the pool for a FREE swimming assessment, so we can determine which level would best suit your ability. We offer FREE assessments Monday to Friday at 6:00pm or Weekends at 12:30pm. Bookings preferred, but not essential.

I know my class level, how do I book classes?

Have a look at our [ADULT TIMETABLE](#) and choose the day and time that would suit you best. You would then complete an [APPLICATION FORM](#) and either bring it with you on the day of your FREE assessment or you could email it to us. On the [APPLICATION FORM](#) you would indicate which day and time suits you best. Remember to complete the payment details too! Email your [APPLICATION FORM](#) to us and we will process it. You will then receive a confirmation email with your booking details.



How can I pay, what's the cost, and can I pay cash?

The cost is \$21.50 per lesson, and must be paid in full in advance for the 10 week term. Payment for Sydney Uni Swim School can be made by completing the payment section of the [APPLICATION FORM](#), in person at reception, or by phone. We accept cash, Master Card and VISA or any EFTPOS cards. Don't forget to collect your FREE swimming cap at your first lesson!

How does payment work if I'm starting after the beginning of the term?

Payment for Sydney Uni Swim School is charged on a pro rata basis. You are charged for the classes you will attend from your booking date. No charge is made for classes you may have missed before your booking date.

Are there any discounts?

Yes, we offer a 5% discount if you book a second lesson per week.

Is the class schedule flexible?

When you book into a class on a specific day and time, sometimes work or other events get in the way which is why we offer each customer of Sydney Uni Swim School two complementary makeup lessons per booking per term. Once scheduled, these makeups cannot be changed. Please refer to the terms and conditions found on the [APPLICATION FORM](#).

When booking makeup lessons please remember they can only be booked 7 days in advance, but can be booked any time during the term in which the class was missed. They can't be carried forward to the following term.

How many people will be in my class?

Sydney Uni Swim School prides itself on small class sizes, with a low student to teacher ratio. Have a look at our website for details of your level; www.susf.com.au/adult-learn-to-swim.



Do you have to stay in the same level for the whole term?

Sydney Uni Swim School conducts assessments for everyone in week 7-8 of the term; however if you achieve all the required skills before this we are happy to move you to the next level class as long as there is a vacancy.

Do you offer private lessons?

Sydney Uni Swim School does offer private lessons, however they are created on a request basis. The cost is \$65 for 30 minutes, \$97.50 for 45 minutes and \$130 for 60 minutes. The payment process for these is the same as group lessons.

Last but not least, what's the easiest way to contact the swim school?

You may contact us by phone during business hours or email. We have access to email at the swim school reception, in the swim school office and on the iPad.



Sydney Uni Swim School Junior Squads

How do I book in?

At Sydney Uni Swim School, our Junior Squad program has 3 progressive levels, Yellow, Blue and White. We offer a FREE swimming assessment to determine if your child is ready to join our squad program and if yes, which one. Assessments times are available Monday to Friday at any of the Yellow/Blue squad session times. After your free assessment we ask that you complete an [APPLICATION FORM](#).

What's the cost and how does payment work?

Payment for all squads at Sydney Uni Swim School is monthly. Our Junior Squads cost is \$66 for 1 session per week, or \$115 which allows your child to swim up to 4 times a week during term time and unlimited during the term breaks. We ask that payment be made on the 1st of each month.

All Junior Squad members are also required to be [SUSF JUNIOR MEMBER](#); the cost is \$20 annually.

What if I can't attend a session, what should I do?

Junior Squads sessions run over 7 days. Have a look at the [JUNIOR SQUAD TIMETABLE](#) to find the times for each specific squad. If you are unable to make your nominated session, please email us to ensure there is space in the session you would like to attend for your make up session or you can make up the missed session during the term breaks.

How do you monitor the Junior Squad swimmers progress?

Time trials are held twice a year for our squads. At the end of term 2 are the first time trials and at the end term 4. There are specific test sets throughout the term which coaches use to monitor all squad members development. Movement is made at the discretion of the coach and new squad is recommended based on swimmers ability, maturity and level of commitment.



Sydney Uni Swim School Adult Squads

How do I determine if I should be swimming in your squads?

If you can swim 400m in under 7.5 minutes you are eligible to join our Adult Squad. If that's not a problem for you, but you're still unsure, you can come along for a FREE trial session. You should be able to determine if it's a good fit for you from that. Have a look at the session times on the [ADULT TIMETABLE](#) to see which session time works for you.

How does payment work?

Payment for all squads at Sydney Uni Swim School is monthly. For our Adult Squad the cost ranges from \$59 (one session per week) \$99 (2 sessions), \$120 (3 sessions), \$135 (4 sessions).

Payment must be made on the 1st of each month, and a [SUSF ANNUAL MEMBERSHIP](#) of \$67 is also required.

What if I can't attend my normal session, what should I do?

Have a look at the [ADULT TIMETABLE](#) you can attend any of the sessions available. No need to let us know which, just turn up and enjoy!

Who is the Coach?

Our Senior Coach is a professionally qualified ASCTA Bronze Licence Coach