

FREE CLASS	DATE & TIME	VENUE
Brazilian Samba	Mon, 2 Aug, 5.10pm	Education Faculty Dance Studio <sup>1</sup>
Hula Hoop Fitness	Mon, 2 Aug, 6.20pm	Education Faculty Dance Studio <sup>1</sup>
Pilates	Mon, 2 Aug, 6.30pm	Group Fitness Room, HK Ward Gymnasium
Contemporary Dance	Mon, 2 Aug, 7.30pm	Education Faculty Dance Studio <sup>1</sup>
Massage	Mon, 2 Aug 7.30pm	Health Works Room, HK Ward Gymnasium
Capoeira	Mon, 2 Aug 7.30pm	Group Fitness Room, HK Ward Gymnasium
Belly Dancing	Tue, 3 Aug 5.10pm	Education Faculty Dance Studio <sup>1</sup>
Salsa & Latin Jazz <sup>2</sup>	Tue, 3 Aug 6.20pm	Education Faculty Dance Studio <sup>1</sup>
Popping & Breakdance & Commercial Jazz <sup>3</sup>	Wed, 4 Aug 5.30pm	Education Faculty Dance Studio <sup>1</sup>
Latin Dance Fitness	Wed, 4 Aug 6.30pm	Group Fitness Room, HK Ward Gymnasium
Hip Hop	Thu, 5 Aug 5.10pm	Education Faculty Dance Studio <sup>1</sup>
Ballroom	Thu, 5 Aug 6.20pm	Education Faculty Dance Studio <sup>1</sup>

1. Meet at Arena Sports Centre reception prior to FREE trial.

2. Both styles will be displayed.

3. Will run for 1½ hr. All styles will be displayed. You are not required to stay for the entire time.

\*\* FREE trials are available only for the above mentioned short courses.

\*\*\* You may only participate in up to two (2) FREE trials only.

### Each FREE trial is 45mins (unless stated otherwise). To reserve your place:

- Visit [www.susf.com.au](http://www.susf.com.au), or
- Complete the booking form below and submit to reception at any of our on-campus sport and fitness centres, or
- Call 1300 068 922

**DISCLAIMER:** In enrolling, you agree that Sydney Uni Sport & Fitness is not responsible for any injury or loss caused by or to a person whether bodily or to property arising from the activities of Sydney Uni Sport & Fitness, its servants, agents or employees or from any person's alleged or actual acts, omissions, negligence or other event. By enrolling, each person accepts that when participating in a class they do so on the voluntary assumption of risk on their own behalf. Participants are encouraged to seek medical advice from their doctor before enrolling in any class which may result in physical injury.

**PRIVACY POLICY:** The information you supply is needed by Sydney Uni Sport & Fitness to manage your enrolment and participation. We will use the information to notify you of future programs and events which you may be interested in. If you don't wish to receive such information, please inform Sydney Uni Sport & Fitness in writing and we will remove you from our mailing list. No personal information will be disclosed outside of Sydney Uni